



SNOW FEST INVITATIONAL

Hosted by Greater Kalamazoo World of Gymnastics
2723 Kersten Ct., Kalamazoo, MI 49048



revised 1-3-18

Saturday, January 13, 2018

Sess. 1: Fun Meet (58) - Traditional Form.	
Doors Open	8:15am
General Stretch	8:30am - 9:00am
Coach's meeting	8:45am - 8:55am
Warm-up	9:00am - 9:30am
Introductions	9:30am - 9:40am
Competition	9:40am - 10:30am
Awards	10:35am

Sess. 2: Level 3/4 (32) - Mod. Trad. Form.	
Check-in	11:00am
General Stretch	11:00am - 11:30am
Coach's meeting	11:15am - 11:25am
Introductions	11:30am - 11:40am
Warm-up and Comp.	11:40am - 12:55pm
Awards	1:00pm

Sess. 3: Xcel Plat/Diam (25) - Mod. Trad. Form.	
Check-in	2:00pm
General Stretch	2:00pm - 2:30pm
Coach's meeting	2:15pm - 2:25pm
Introductions	2:30pm - 2:40pm
Warm-up and Comp.	2:40pm - 4:50pm
Awards	4:30pm

Sess. 4: Fun Meet (61) - Traditional Form.	
Check-in	6:00pm
General Stretch	6:00pm - 6:30pm
Coach's meeting	6:15pm - 6:25pm
Warm-up	6:30pm - 7:00pm
Introductions	7:00pm - 7:10pm
Competition	7:10pm - 8:00pm
Awards	8:05pm

Sunday, January 14, 2018

Sess. 5: Xcel Silver (52) - Mod. Trad. Form.	
Doors Open	8:15am
General Stretch	8:30am - 9:00am
Coach's meeting	8:45am - 8:55am
Introductions	9:00am - 9:10am
Warm-up and Comp.	9:10am - 11:15am
Awards	11:20am

Sess. 6: Xcel Silver (52) - Mod. Trad. Form.	
Check-in	12:15pm
General Stretch	12:15pm - 12:45pm
Coach's meeting	12:30pm - 12:40pm
Introductions	12:45pm - 12:55pm
Warm-up and Comp.	12:55pm - 2:55pm
Awards	3:00pm

Sess. 7: Xcel Gold (56) - Mod. Trad. Form.	
Check-in	4:15pm
General Stretch	4:15pm - 4:45pm
Coach's meeting	4:30pm - 4:40pm
Introductions	4:45pm - 4:55pm
Warm-up and Comp.	4:55pm - 7:45pm
Awards	7:55pm

- Session 1: Fun Meet gymnasts from All That Athletics (5), Gonyon's (5), KGI (21), and Level 2's and 3's from Branch.
- Session 2: All Level 3's and 4's
- Session 3: All Xcel Platinum and Diamond gymnasts
- Session 4: Fun Meet gymnasts from For the Kidz (16), GKWG (6), Gymn. in Motion (16), Southern MI (3), and Xcel Bronze from Branch.
- Session 5: Xcel Silver gymnasts from Northstar Gymn. (27), and Branch Gymn. (25).
- Session 6: Xcel Silver gymnasts from For the Kidz (7), Gonyon's (15), GKWG (8), Gymn. in Motion (7), R-Athletics (10), Southern MI (5).
- Session 7: All Xcel Gold gymnasts